

March 2022

親愛的朋友及卑詩護理會的支持者：

大家好！希望您和您的家人繼續保持健康及愉快！和你們一樣，我們興奮地期待著溫暖的春天來臨，春天帶給我們溫暖及新的希望。

Care BC 的慈善工程繼續運作，我們的[送餐服務]為溫哥華、列治文和北岸的獨居長者和其他有需要的人提供熱餐，每天為客人送上熱騰騰的餐食，全賴一群無私及充滿愛心的義工團隊。沒有他們的參與，我們的工作是不可能繼續的。然而，近年來食品、汽油和供應商成本價格增加，使我們 **Meals on Wheels** 服務的運營成本面臨巨大挑戰。我們現時每份餐食所收取之費用是低於生產及營運成本，每份餐價格之差異是由Care BC提供補貼，使有需要的人士能夠負擔。我們大部分是依靠捐款來支持我們的慈善工作，如果你希望能支持我們，請到我們的網址：[www.carebcfoundation.ca/donate-chinese](http://www.carebcfoundation.ca/donate-chinese)捐助。

另外，非常高興在即將出版的 *Global Heroes* 《全球英雄》文章中表揚我們[送餐服務]的送餐義工，感謝他們出色的表現。“Be a Hero to a Neighbor in Need”(成為鄰居的幫助英雄)文章將於 2022 年 3 月 18 日至 20 日於 *The Vancouver Sun* 溫哥華太陽報、*The Province* 省報及 *The National Post* 國家郵報及 *The Globe & Mail* 環球郵報中刊登。

在整個大流行期間，我們的社區融合項目 (CIP) 仍然繼續運作，該項目幫助那些因意外以致殘缺的人，重新適應新生活的工程，同時保持他們在家庭和社區中的生活質量。項目幸好沒有因疫情而停下來。

隨著最新的健康指示，Care BC 家庭暫託中心 (**Family Respite Centre**) 成人日間及夜間服務於今年初重新開放，過去2年來，FRC 工作人員已經根據需要進行了調整，為我們的客戶及其護理人員提供持續的護理和支持。

另外，我們很高興地宣佈，Care BC 期待已久的第二個暫託中心於溫哥華北岸 進展非常順利。該土地位於 East 2<sup>nd</sup> 及 St. Georges Ave, 項目已進入設計和批准階段，該項建設以開展一棟樓高6層的混合用途建築物，現已重新分區。我們將與 Catalyst 社區發展協會合作，新的家庭暫託中心將擁有25個日間服務及18個夜間服務的空間設備並位於大樓的底層。

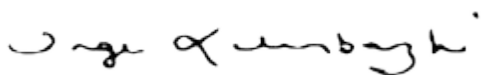


還有，我們日前已經確定了第 13 屆籌款晚宴日期為 2022年10月27日於幸運海鮮酒家進行。今年我們邀請了“Encore”組合演出，主音歌手 Darcy Han 音感廣闊，曾往中國參加“中華偶像”歌唱比賽，勇奪第七名。餐券晨鳥優惠\$128 於勞動節前購買，原票價為\$148。希望大家踴躍支持參加這個一年一度的慈善活動！

最後，當然如果沒有我們忠誠的朋友和捐助者的慷慨支持，我們無法為社區提供這重要的慈善工作。在此，我要特別感謝捐助者的慷慨支持，包括 Mount Olivet Lutheran Church, G.K.C. Holdings, The Robert Kenney Fund, the Boag Foundation, Richmond Imports Ltd., The Shields Foundation, Wheaton Precious Metals, The Wolrige Foundation, the City of North Vancouver, the District of North Vancouver, 及 the West Vancouver Foundation。

我代表 Care BC 董事會、工作人員及我們的義工團隊，祝您在春天裡健康及愉快！

謝謝！



Inge Schamborzki RN, D.Ed.  
Care BC Executive Director

March 2022

Dear Friends and Supporters of Care BC:

I hope this brief update letter finds you and your loved ones healthy and safe. We, like you, are excitedly looking forward to the warmth, and the hope and renewal a new Spring always brings.

Care BC's charitable programs continue to thrive in providing essential services to the elderly and many others in need. Our **Meals On Wheels (MOW)** programs, serving confined and lonely seniors in Vancouver, Richmond and the North Shore of Vancouver, carry on with the tremendous support of caring volunteers, who deliver the meals and provide an often needed, and most welcome, smile to our clients. However, the rising costs of food and gas will pose a challenge, as we aim to keep our meals as affordable as possible. If you would like to make a donation to support our Meals on Wheels programs, please visit: [carebcfoundation.ca/donate-now](http://carebcfoundation.ca/donate-now)

We're pleased to acknowledge the wonderful support of our MOW volunteer team in the upcoming *Global Heroes* newspaper section - the positive news magazine features uplifting stories and highlights solutions to global problems. Our article/advertorial "Be a Hero to a Neighbour in Need" will appear in the Vancouver editions of *The Vancouver Sun*, *The Province*, *The National Post* and *The Globe & Mail* March 18-20, 2022.

Throughout the pandemic and continuing today, **The Community Integration Project (CIP)**, provides a vital resource and support to people with newly acquired disabilities adapt to their housing and daily living needs while maintaining their quality of life within their home and community.

Care BC's Vancouver **Family Respite Centre (FRC)** Adult Day and Overnight Respite Programs is back to a full complement of staff and increased capacity as we follow the ever changing COVID-19 health and safety protocols. The FRC staff have gone above and beyond to adapt as needed over the past 2 years to provide ongoing care and support for our clients and their caregivers.

We are very pleased to advise that the development of Care BC's long-awaited second respite Centre, the **North Shore Family Respite Centre (NSFRC)** is progressing well. The site, situated at the corner of East 2<sup>nd</sup> Street and St. Georges Avenue in North Vancouver, is now rezoned as the project moves into the building phase for the development of a 6-story mixed use building. Working in partnership with the Catalyst Community Developments Society, Care BC's NSFRC (with 25 Adult Day program spaces and 18 Overnight Respite Program beds) will be situated on the main floor of the building.



The date for **Care BC's 13<sup>th</sup> Annual Dinner and Auction Fundraiser** is Thursday, October 27<sup>th</sup> at the Continental Seafood Restaurant in Richmond. A sumptuous 10 course banquet and exciting live and silent auction awaits with special entertainment by *Encore*, a popular Vancouver based duo who will bring their repertoire of hits, R&B, soul jazz and more to the event. Fred Lee will be our emcee and auctioneer for the evening. Tickets will be on sale soon for early birds at \$128 or \$148 after Labour Day. This is always a fun and sell out event. We hope you will join us!

Finally, we could not provide our crucial charitable programs, who help so many without the generous support of our loyal friends and donors. **Thank You!** And, I would like to extend special thanks to Mount Olivet Lutheran Church, G.K.C. Holdings, The Robert Kenney Fund, the Boag Foundation, Richmond Imports Ltd., The Shields Foundation, Wheaton Precious Metals, The Wolrige Foundation, the City of North Vancouver, the District of North Vancouver, and the West Vancouver Foundation for their recent support.

On behalf of the Care BC Board, staff and dedicated team of volunteers, I wish you a very happy and healthy Spring!

Warmest regards,



Inge Schamborzki RN, D.Ed.  
Care BC Executive Director